

## **EARNING A VARSITY LETTER**

To earn a varsity letter, the student-athlete must meet the following requirement:

- 1. Complete an entire VARSITY season with a **90% participation rate** in all mandatory team activities (practices, team meetings, etc.) Any absences must be excused ahead of time by the varsity coach.
- 2. Finish the season in good academic standing with a minimum 2.0 GPA
- 3. No violations of the Athletic Code of Conduct during the season
- 4. Compete in at least 90% of varsity competitions during the season and contribute meaningfully to the team's performance
- 5. Demonstrate positive attitude, leadership, and teamwork on and off the field
- 6. Exhibit good sportsmanship and represent West Carrollton High School with integrity

The varsity head coach has final authority on awarding a varsity letter. Varsity letters are the most difficult school award to earn, and simply being on a varsity roster does not guarantee a varsity letter.

## EARNING P.E. CREDIT FOR PLAYING A SPORT - "PE OPTION"

A student-athlete may earn 1/4 of a PE credit each year that they are in high school. To earn the 1/4 credit they must participate in 90% of team activities and finish the season "in good standing". The coach will be the one to determine if a student-athlete has completed the 90%.

The PE Credit is based on 5 items, and it counts towards a student's graduation:

- 1. Physical fitness
- 2. Motor skill development
- 3. Participation (90%)
- 4. Sports fitness
- 5. Following the athletic code of conduct with no infractions.

Traditionally, we use the end of season rosters to determine who has met this requirement, because it is expected that you "cut" any student-athletes that are not participating or showing up. If a student-athlete has disciplinary infractions that would leave them not "in good standing" with the team (at any point in the season) they will not be given the PE option credit. If a student-athlete is suspended because of grades, discipline, etc. they may not receive PE credit.